



The Best Boutique Fitness in Bali

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	RHYTHM CYCLE+ 8:10AM-9:00AM	LES MILLS RPM 8:10AM-9:00AM				
LES MILLS CORE 8:30AM-9:00AM			TRX 8:30AM-9:00AM	PILATES 8:10AM-9:00AM	LES MILLS BODYPUMP 8:10AM-9:00AM	
LES MILLS RPM 9:10AM-10:00AM			POWER CYCLE 30 9:10AM-9:40AM		LES MILLS RPM 9:10AM-10:00AM	
	LES MILLS BODYPUMP 9:10AM-10:10AM	LES MILLS BODYPUMP 9:10AM-10:10AM	BODY INTENSITY 9:50AM-10:20AM	LES MILLS BODYPUMP 9:10AM-10:10AM	LES MILLS CORE 10:10AM-10:40AM	
		LES MILLS RPM 5:30PM-6:20PM		LES MILLS RPM 5:30PM-6:20PM		
LES MILLS BODYPUMP 5:00PM-6:00PM	BODY INTENSITY 5:00PM-5:30PM		LES MILLS BODYPUMP 5:00PM-6:00PM			
	POWER CYCLE 30 5:40PM-6:10PM					
PILATES 6:10PM-7:10PM	 yoga 6:20PM-7:20PM					