



The Best Boutique Fitness in Bali

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		RHYTHM CYCLE <small>new!</small> 8:10 AM – 9:00 AM		RHYTHM CYCLE <small>new!</small> 8:10 AM – 9:00 AM	LesMILLS RPM 8:10 AM – 9:00 AM	
LesMILLS CORE 8:30 AM – 9:00 AM	LesMILLS BODYPUMP 8:15 AM – 9:00 AM		TRX 8:30 AM – 9:00 AM	PILATES 8:10 AM – 9:00 AM		
LesMILLS RPM 9:10 AM – 10:00 AM	RHYTHM CYCLE <small>new!</small> 9:10 AM – 10:00 AM		LesMILLS RPM 9:10 AM – 10:00 AM			
	LesMILLS BODYCOMBAT 9:10 AM – 10:10 AM	LesMILLS BODYPUMP 9:10 AM – 10:10 AM		LesMILLS BODYPUMP 9:10 AM – 10:10 AM	LesMILLS BODYPUMP 9:10 AM – 10:10 AM	
RHYTHM CYCLE <small>new!</small> 5:10 PM – 6:00 PM	LesMILLS RPM 5:30 PM – 6:20 PM			LesMILLS RPM 5:30 PM – 6:20 PM		
LesMILLS BODYPUMP 5:00 PM – 6:00 PM		LesMILLS CORE 5:00 PM – 5:30 PM	LesMILLS BODYPUMP 5:00 PM – 6:00 PM			
		LesMILLS RPM 5:40 PM – 6:30 M	RHYTHM CYCLE <small>new!</small> 6:10 PM – 7:00 PM			
PILATES <small>new!</small> 6:10 PM – 7:10 PM	yoga <small>new!</small> 6:10 PM – 7:10 PM					